World Happiness In 2019 Report

Introduction:

In a world marked by diverse challenges and complex metrics, the pursuit of happiness stands as a universal aspiration. The World Happiness Report, an authoritative survey that has garnered global recognition, has been instrumental in shedding light on the intricate fabric of human well-being. This annual report quantifies happiness levels and explores the factors that shape our collective sense of contentment.

Central to this analysis is the happiness data sourced from the Gallup World Poll, based on responses to a fundamental life evaluation question known as the Cantril ladder. This question prompts respondents to visualize a ladder, with the highest rung representing their ideal life as a perfect 10 and the lowest rung symbolizing the bleakest existence as a desolate 0. The report uses nationally representative samples from the year 2019, carefully weighted with Gallup's methodology, to provide estimates that reflect a broad cross-section of society for that specific year. The ensuing happiness scores are not merely arbitrary numbers but offer a deeper understanding of the well-being landscape during that particular period.

In the following sections of this report, we delve into the top 30 countries, examining the factors that contributed to their elevated happiness scores in the year 2019. These factors encompass economic production, social support, life expectancy, freedom, absence of corruption, and generosity, which collectively illustrate why some nations stood out on the global happiness spectrum during that specific year. By dissecting the data and discerning the correlations between these variables and happiness for 2019, we aim to gain valuable insights into the complex interplay of human experience, societal structures, and national policies that collectively shape our sense of well-being during that time.

URL of raw data in kaggle.com:

https://www.kaggle.com/datasets/unsdsn/world-happiness/

The following screenshots show how to analyze the data that was taken from kaggle.com by using <u>OUReports.com</u> to generate charts and dashboards. To have a better understanding of the issue addressed and have better conclusions.

First, we need to visit OUReports.com and scroll down, then click on Analytics, Chart, and Maps.



Then, a list of reports will appear, from the below window we can either import new data or analyze existing data, in our case, we have uploaded the data previously. So, we only need to click on data for the report we have chosen. As shown below:

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Then, from the following window, we can see the data details in the red box. And we can see that OUReport provides various features to help us analyze our data. In our case, we will only focus on the Report Graphs:

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2	Norway	7.554 1.488	1.573	1.028	0.603	0.252	0.341	3			
3	Iceland	7.494 1.38	1.624	1.026	0.591	0.354	0.118	4			
5	Netherlands	7.488 1.396		0.999	0.557	0.322	0.298	5			
6	Switzerland	7.48 1.452		1.052	0.572	0.263	0.343	6			
7	Sweden	7.343 1.387		1.009	0.574	0.267	0.373	7			
8	New Zealand	7.307 1.303		1.026	0.585	0.33	0.38	8			
9	Canada	7.278 1.365	1.505	1.039	0.584	0.285	0.308	9			
10	Austria	7.246 1.376	1.475	1.016	0.532	0.244	0.226	10			
11	Australia	7.228 1.372	1.548	1.036	0.557	0.332	0.29	11			
12	Costa Rica	7.167 1.034		0.963	0.558	0.144	0.093	12			
13	Israel	7.139 1.276		1.029	0.371	0.261	0.082	13			
14	Luxembourg	7.09 1.609		1.012	0.526	0.194	0.316	14			
15	United Kingdom	7.054 1.333		0.996	0.45	0.348	0.278	15			
16	Ireland	7.021 1.499		0.999	0.516	0.298	0.31	16			
17	Germany	6.985 1.373		0.987	0.495	0.261	0.265	17			
18	Belgium	6.923 1.356		0.986	0.473	0.16	0.21	18			
19	United States	6.892 1.433		0.874	0.454	0.28	0.128	19			
20	Czech Republic	6.852 1.269		0.92	0.457	0.046	0.036	20			
21	United Arab Emira	6.726 1.3	1.31	0.825	0.598	0.262	0.182	21			
22 23	Malta Mexico	6.595 1.07	1.52	0.999	0.564	0.375	0.073	22 23			
23	France	6.595 1.07		1.045	0.435	0.074	0.183	23			
24	Taiwan	6.446 1.368		0.914	0.351	0.242	0.097	24			
26	Chile	6.444 1.159		0.92	0.357	0.187	0.056	25			
20	Guatemala	6.436 0.8	1.269	0.746	0.535	0.175	0.078	20			
28	Saudi Arabia	6.375 1.403		0.795	0.439	0.08	0.132	28	1		
29	Qatar	6.374 1.684		0.871	0.555	0.22	0.167	29	1		
30	Spain	6.354 1.286		1.062	0.362	0.153	0.079	30	1		

Then, it will take us to the following page:



We selected the X-axis to represent countries and OverAllRank and the Y-axis to represent the happiness score, and then we selected the chart type to be a line chart. Below is the same axis but we changed the chart type to be pie chart:



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We notice that Finland has the highest happiness score among other countries with a score of 7.769. Also, we can generate Google charts by clicking on **Google charts**. That will enable more features and more charts. Below is the bar chart by Google, for the same X and Y axis.



For the bar chart shown below, we have changed the Y axis to **GDPpercapita** and **Socialsupport.** By doing this, we can compare the top 30 countries by both the GDP per capita and Social support. To have a better understating of the happiness factors.

Chart type: <u>BarChart</u> X Axis: <u>Countryorregion, Overalirank</u> *PetChart dows data for the cose first selected field from the X Asis list and ces selected field from the Y Asis list. *Depercapita, Socials upport] in group by [Countryorregion, Overalirank]	X Axis: Countryorregion,Overallrank * PieChart shows data for the one first selected field from the Y Axis list. * BubbleChart, Gauge, Sankey show data for two selected fields from the X Asis list and one selected field from the Y Axis list.	xis: YAxis: GDPpercapita,Socialsupport Sum Market Socialsupport Sum Mar	Axis: Y Axis: Aggregation function: Dependent shows data for the one first selected field from the Y Axis list. Aggregation function: Sum	X Axis: Countryorregion,Overallrank * PieChart shows data for the one first selected field from the Y Axis list. * BubbleChart, Gauge, Sankey show data for two selected fields from the X Axis list and one selected field from the Y Axis list.	nported into world_nappiness_in2019 on 10-	-51-2025 2-01-1 / AMI: Sum 0I [GDPp6	ercapita,Socialsupport] in group by [Countryorregion,Ove	ram ankj
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The chart shows that Qatar has the highest GDP per Capita at 1.684. And Iceland is at the top when it comes to Social Support at 1.624.

Next, we have selected Healthy life expectancy, Freedom to make life choices, and Generosity to be our Y-axis. We have selected the chart type as Area chart as shown below:



In the above chart we can Analyze each one of the 30 countries and compare them together, For example, Guatemala has the lowest score in **Healthylifeexpectancy** with a score of 0.75. While the Czech Republic scored the lowest in Generosity with a score of 0.5. What if we want to compare specific countries with each other? We can use the **Multilines by field** feature as shown below. In the below example, we selected the top 5 countries in happiness.

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We can now compare the shown countries. We noticed that Netherlands and Iceland have the same score 7.49, in terms of happiness but both countries are equally the lowest among all the five countries shown above.

For another example, we want to compare 6 countries in terms of the GDP. We have selected Australia, Norway, Saudi Arabia, the United Arab Emirates, the United Kingdom, and the United States. And we want to show that in the Area chart.

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Sum of [GDPpercapita] in group by [Countryorregion] for value of Countryorregion in Australia, Norway, Saudi Arabia, United Arab Emirates, United Kingdom, United States



As shown above, the United Arab Emirates has the highest score when it comes to GDP with a score of 1.5 per capita.

We can combine all the countries and the factors of happiness in one chart as shown below:



We have shown some chart types, PieChart, BarChart, ColumnChart, LineChart, AreaChart, StappedAroaChart, and ComboChart. The following are the other types that Google charts can generate:

ScattorChart:



BubbleChart:



Gauge chart:



Sankey:



What if we want to save all the charts? So, we can get back to them anytime we need them. We can use the **Dashboards** feature. To create a dashboard we can follow the next steps:

First, we need to click on add to dashboard at the top of the page.

tryorregion, Overallrank]				
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Next, we can create a dashboard by typing any name and then click find. Then, we can select the created dashboard and add the charts to it.

Add To Dashboard	
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Our dashboard after adding some charts is shown below:



There is also a Standard Dashboard that OUReports offers. We can get to the Standard Dashboard from the following:

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eate a new ticket in HelpDesk with the report attached or add	d a comment to the existing ticket: New	~	Open a Ticket	

In this feature we have also multiple chart types, here is some examples:



Pie Chart

Bar Chart



Stepped Area chart



Dashboards provide analysts with a centralized and comprehensive view of key performance indicators and relevant metrics, facilitating quick assessments of overall data health and trends. Also, analysts can customize dashboards to focus on specific areas of interest or key performance indicators, tailoring the analytics environment to their unique needs.

Conclusion:

In our exploration of the World Happiness Report for the year 2019, we have uncovered a mosaic of insights into the factors that contribute to the happiness of nations. As we reflect on the findings, it is evident that some countries stand out as beacons of well-being. Finland, with its remarkable happiness score of 7.769, serves as a testament to the possibility of fostering contentment on a national scale. Meanwhile, Qatar's high GDP per Capita at 1.684 and Iceland's leading Social Support score at 1.624 underscore the importance of economic prosperity and strong social networks in shaping happiness.

However, the pursuit of happiness is not a one-size-fits-all endeavor, and these findings should serve as beacons of inspiration rather than direct templates for other nations. To increase happiness on a broader scale, countries around the world should consider the following advice and actions:

Prioritize Social Support: Iceland's high score in social support highlights the importance of strong interpersonal relationships and community bonds. Countries can invest in initiatives that promote social cohesion, reduce social isolation, and foster a sense of belonging among their citizens.

Economic Growth with Equity: While GDP per Capita is a crucial factor, it should be coupled with measures to ensure income and wealth distribution is equitable. Fostering economic growth should not come at the expense of creating income inequalities, which can undermine overall happiness.

Mental Health and Well-being Programs: Investing in mental health services and well-being programs can significantly contribute to a nation's overall happiness. Ensuring access to quality mental health care, reducing stigma, and promoting mental well-being can yield substantial benefits.

Transparency and Anti-Corruption Measures: Corruption erodes trust in government and institutions. Implementing transparency, accountability, and anti-corruption measures can enhance public trust and happiness.

Work-Life Balance: Promote policies that enable a healthy work-life balance. Encourage shorter work hours, paid family leave, and flexible working arrangements to reduce stress and enhance well-being.

The pursuit of happiness is not solely an individual endeavor but also a societal one. These findings from the World Happiness Report offer valuable insights into the factors that contribute to national well-being. By implementing the suggested actions and advice, countries can work towards creating happier, more fulfilling lives for their citizens, ultimately advancing the global goal of greater happiness and well-being for all.